



Church of the Ascension
C.E. Primary School

Friday 29th September 2023

No 4



HARVEST FESTIVALS
THURSDAY 5TH OCTOBER
KS1 9:30AM
KS2 2:15PM



CHOICE MENUS
WEEKLY
£2.40 per day - please book and
pay via School Monday

(V) suitable for vegetarians
(FF) Fat Free
(GF) Gluten Free

MONDAY	Served with Herby Diced Potatoes, Spaghetti Hoops in Tomato Sauce, Mixed Vegetables Iced Sprinkle Sponge & Custard (V) Vegan Sausage Roll Salmon Bites
TUESDAY	Spaghetti Bolognaisse & Garlic Bread (V) Macaroni Cheese & Garlic Bread Served with Sauce Potatoes, Sweetcorn & Peas Fruity Muffin & Custard
WEDNESDAY	Traditional Roast Chicken Seasoning & Gravy (V) Quorn Chicken Fillet Seasoning & Gravy Fish Goujons Broccoli & Mixed Vegetables Shortcake Biscuit & Custard
THURSDAY	BBQ Chicken Wrap (V) Cheese & Onion Lattice Fish Bites Served with Potato Wedges, Baked Beans & Sweetcorn & Colleslaw Chocolate Crunch & Chocolate Sauce
FRIDAY	INSET DAY

Daily Items also available during lunch service – Jacket Potato with a variety of fillings, Salad, Bread, Fresh Fruit, Yoghurt, Fruit Jelly, Cheese & Biscuits
* Not suitable for vegetarians



'GRAB BAG' MENU



MONDAY
Ham/Tuna Sandwich or Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



TUESDAY
Ham/Tuna Sandwich or Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

Grab Bags must be ordered on Eduspot at least 24 hours before

WEDNESDAY
Ham/Tuna Sandwich or Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



THURSDAY
Ham/Tuna Sandwich or Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



FRIDAY
Ham/Tuna Sandwich/ Cheese Wrap or Pizza
Salad Bag
Yoghurt or Fruit
Fruit Juice



MESSAGE FROM THE HEAD

This week we have been putting the finishing touches to the class items for our harvest festivals next Thursday (9:30 KS1 and 2:15 KS2). Harvest pictures have been painted and the sound of harvest songs has filled the air. If you're able to join us at one of these events, we'd love to see you. Any donations for the Black Country Foodbank will be gratefully received and if you're able to offer something from their list of most needed items - sent out earlier - that would be most appreciated by them. The food bank is currently much emptier than it used to be due to the increased demand for it; as such all contributions are most welcome.

We will be holding our autumn term parents' evening on Wednesday 11th October. Your child should have brought home a letter for you to book an appointment time. Please frisk them or probe their book bag if you've not received this! Finally, please note that the school will be closed to pupils next Friday - 6th October for a staff training event.



MENU

The menu for next week will be week 2.

WALL HEATH FLAG COMPETITION



Please send any entries for the Wall Heath Flag competition into school as soon as possible.

PARENTS' EVENING

On our first parents' evening of the year on Wednesday 11th October, we are delighted to say that our educational mental health practitioner, Amy Turner from Reflexions will be available in the main library for any queries that you may have regarding your child's mental health and wellbeing. In the near future, Amy will also be hosting drop-in sessions on a regular basis—more information soon.

ILLNESS ABSENCE

We are currently seeing an increase in both sickness and cough/colds in school, as we normally do at this time of year.

If your child has sickness and/or diarrhoea, please do not send them back to school until 48 hours after the last incident.

Please see the poster attached to this letter for guidance on when to send your child into school.

ROADWORKS



We have been advised by Dudley MBC that there will be work carried out on various traffic light junctions around Kingswinford starting on Monday 2nd October and lasting for approximately twelve months, rolling through different phases.

We expect this to have a significant impact on traffic on the surrounding roads, so please take that into consideration when travelling to and from school.

Thank you

BRAVERY BOX

Please see the request for help below received from the Anaesthetics Department at Russell's Hall Hospital. If you have any suitable items, please send them into school and they will be forwarded to the hospital.

"We are also on the lookout for stock for our 'Bravery Box'. This is a box we have recently implemented where the children coming into the anaesthetics room to be put to sleep can have a look through the bravery box and choose a little present to keep. This works as a brilliant distraction tactic whilst our clinical team can cannulate the child and immediately helps to bring a smile to the child's face. A child that goes to sleep in a calmer, happier mood is much more likely to wake in the same manner, making their experience of the operating theatre environment a positive one.

The item may be a fidget toy such as a stress ball, Rubik's cube, note pad, pencil case, stationery, etc or any kind of small toy. The items must of course be new and in original packaging."

CHURCH OF THE ASCENSION HARVEST FAYRE

The church are holding a harvest fayre on Saturday 30th September 11:00am—3:00pm

Free admission and refreshments
Stalls, games and crafts
All proceeds will go to the local food bank and women's refuge.
Donations of food/toiletries accepted.

ACTIVITIES AFTER SCHOOL



The following activities will be taking place after school next week:

Monday

Cricket Years 1 & 2
(This is a pre-booked activity)

Ace Coaching Yrs 1,2,3 & 4
(This is a pre-booked and prepaid activity)

Key Stage 2 Choir
(spare classroom until 4:30pm)

Tuesday Church Club

Yrs 5 & 6 Tag Rugby

Thursday
Yrs 5 & 6 Tag Rugby

PRAISE ASSEMBLY



The following children have received a certificate in Praise Assembly today:-

Melia —1J
Jessie —1/2B
Paisley —2S
Chloe —3N
Olivia —3/4J
Jenson —4C
Rosa —5CS
Lauren —5/6M
Robbie —6P

Kindness award—Valia (4C)
