Church of the Ascension CE Primary School P.E Policy



Learn with Love, Flourish in Faith

Do everything in love (1 Corinthians 16:14).

As an inclusive Christian school, Church of the Ascension C.E Primary School aims to create a loving, caring and respectful community, where individuals can flourish spiritually, socially and academically as children of God in a rich learning environment. Our vision is to inspire lifelong learning, whilst encouraging resilience, independence, aspiration and an appreciation of God's wonderful world.

Curriculum Drivers

Resilience:

- Influence future wellbeing.
- Engage in co-operative and competitive activities.
- Have positive attitudes and be optimistic.
- Regulate emotions and learn from mistakes and defeat.
- Learn resilience from the experiences of sports people.

Aspiration:

- Sporting activity is a key element of developing a school in which pupils are proud.
- Set own goals and aspire to achieve them.
- Desire to reach own potential.

Independence:

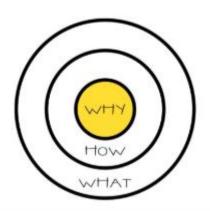
- Increasing competence and confidence.
- Be able to live a healthy and active life.
- Increasing ability to compete with others.
- Develop the ability to support, encourage and coach others.
- Be able to remain objective.

Appreciation:

- Work collaboratively as part of a team.
- Enjoy communicating, collaborating and competing.
- Learn from role models in sport.
- Learn from each other.

Our Approach to the Teaching and Learning of Physical Education

Subject Intent



Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.

John F. Kennedy

Why do we do what we do in this subject (aims)?

We believe that physical education is a vital part of school life and directly influences children's future well-being. It is therefore our intent to provide an inclusive, broad and balanced PE curriculum that ensures ALL children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports, clubs, teams and organisations. In so doing, it is our intent to ensure children understand the importance of leading a healthy lifestyle.

Beyond merely a subject, we believe that participation in sporting activity is a key element of developing a school in which pupils are proud of the community in which they belong. Great emphasis, therefore, is placed upon additional sporting opportunities beyond the lesson within afterschool clubs, inter-house and inter-school competition and festivals as well as directly trying to support the local clubs within the Dudley area and our feeder schools.

Subject Implementation

How do we ensure our intent becomes a reality?

P.E. is taught at Church of the Ascension CE Primary School as an area of learning in its own right, as well as being integrated where possible with other curriculum areas. We use the Get Set 4 PE scheme that is personalised by class teachers and sports coaches, to suit the needs of individual cohorts. High quality resources support the delivery of lessons. We also utilise Sports Premium funding to employ specialist sports coaches to provide specific training to our teaching staff and encourage and improve staff confidence in delivering the PE curriculum. To date, this has included gymnastics, dance, rugby, tennis and cricket coaches.

The key knowledge and skills of each topic are mapped across each year group. This ensures that children develop their knowledge of games, dance and gymnastics and, from KS2, swimming, athletics and outdoor and adventurous activity progressively. The skills in these areas are therefore developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. Knowledge and skills are informed and linked to enable achievement of key stage end points, as informed by the 2014 National Curriculum.

We teach lessons so that children:

- develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- engage in competitive (both against themselves and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- enjoy communicating, collaborating and competing.
- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Above all else, we aim to encourage children to live healthy active lives.

Lessons are planned to utilise available cross curricular links and to make use of the school environment in terms of facilities. We also encourage the use of community facilities, including specialised coaches, wherever possible. The varied curriculum is designed to enable all children to enjoy physical activity and to experience success in sport. All children have the opportunity to

participate in PE at their own level of development, with teachers ensuring lessons cater for individual needs.

Positive sporting experiences are an important feature of each year. Dance is a key focus for the school, with all children aiming to build confidence to share their movement skills by participating in dance festivals at school. Competitive experiences are regularly planned through house competitions, including a 'Sports Day' in the Summer term. The school has a proud tradition of competing in locally organised sports competitions, often at School Games level 3, the Black Country Games. Competitive events are available for all children, regardless of ability, with often 'B' and 'C' teams competing to give as many children as possible a positive competitive experience and to promote positive sporting attitudes.

Subject Impact

What are the outcomes for our children in this subject?

Through our carefully designed curriculum, by the time children leave Church of the Ascension they will have developed a love of sport which will lead to a happy and healthy life and be encouraged to take responsibility for their own health and fitness. Through representing the school in sporting competitions and taking part in sporting events at school, children will show confidence, resilience, respect and a healthy sporting attitude to competition. Above all else, children will be able to strive to achieve their personal best in all aspects of physical activity.

How do we know that we have achieved these outcomes?

Assessment is continuous and embedded in daily practice. Formative assessment takes place throughout each lesson, with immediate feedback guiding the next steps in teaching and learning. Teachers use assessment for learning to inform planning and adapt lessons to support pupil progress.

Pupils use self-assessment and peer-assessment to reflect on their own and other's performance.

The PE subject lead monitors impact through pupil voice and learning walks each half term.