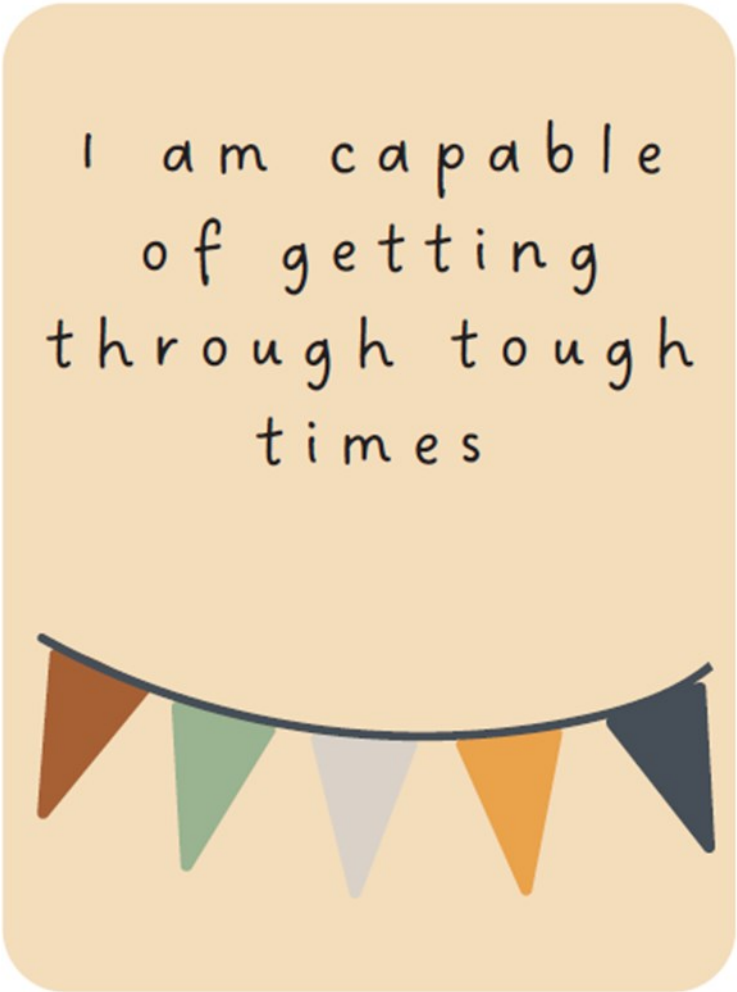




Friday 19th May 2023

No 31



CHOICE MENUS
WEEK 3
£2.40 per day (includes book and
PAY VIA SCHOOL MONEX)

(V) suitable for vegetarians
(FF) Fat Free
(GF) Gluten Free

| | |
|------------------|--|
| MONDAY | (V) Vegetarian Meatballs in Tomato Sauce Fish Finger Served with Potato Wedges, Pasta, Sweetcorn/Peas Fruity Muffin & Custard |
| TUESDAY | Sausage & Gravy (V) Vegetable Fingers Salmon Bites Served with Mashed Potatoes, Broccoli & Mixed Vegetables Melting Moments & Custard |
| WEDNESDAY | Traditional Roast, Chicken & Seasoning (V) Quorn Fillet, Seasoning & Gravy Fish Goujons Served with Baby Boiled Potatoes, Carrots & Peas Apple Shortcake & Custard |
| THURSDAY | All Day Brunch (V) Veggie All Day Brunch Hot Bites Served with Hash Brown Potatoes, Baked Beans & Country Veg Marble Cake & Custard |
| FRIDAY | (V) Cheese & Tomato Pizza Battered Fish Served with Chipped potatoes, Spaghetti Hoops, Sweetcorn Fruit & Ice Cream |

Daily Items also available during lunch service – Jacket Potato with a variety of fillings, Salad, Bread, Fresh Fruit, Yoghurt, Fruit Jelly, Cheese & Biscuits
* Not suitable for vegetarians



'GRAB BAG' MENU



MONDAY
Ham/Cheese/Tuna Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



TUESDAY
Ham/Cheese/Tuna Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice

Grab Bags must be ordered on Eduspot at least 24 hours before

WEDNESDAY
Ham/Cheese/Tuna Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



THURSDAY
Ham/Cheese/Tuna Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



FRIDAY
Ham/Cheese/Tuna Sandwich or Pizza
Salad Bag
Yoghurt or Fruit
Fruit Juice



MESSAGE FROM THE HEAD

It's been another busy week of the summer term in school.

Last Friday evening saw the H.S.A Coronation Quiz take place. Well done to the winning team who took their place on the throne and commiserations to the team in last place who took their place in the stocks! Thank you to the H.S.A for organising this event which helps to raise vital funds for the school.

Monday afternoon saw the children in Class 3N perform for their parents, showcasing what they had learnt from their whole class music tuition, we hope you enjoyed it as much as we did.

Thursday was our usual Ascension Day celebrations. This is a special day in our school calendar where we have the opportunity to find out a little bit more about what our children enjoy outside of the classroom and share in their talents and interests.

This year, our worship leaders led the service in church which was enjoyed by all the children during the morning.

Finally, well done to our Year 2 children who have been taking part in their SATs this week. They have been working very hard and these will be completed next week.

MENU



The menu for next week will be week 3.

ASCENSION DAY

Thursday 18th May was Ascension Day.

Our wonderful worship leaders led our act of worship at church in the morning for children in both key stages. There was acting, singing, active prayer and piano playing leaving us with the message, "I am always with you". Thank you everyone for your hard work.

MENTAL HEALTH AWARENESS WEEK

This week is Mental Health Awareness Week. It is an annual event to raise awareness of the importance of mental health. The theme of Mental Health Awareness Week 2023 is 'anxiety'. Anxiety is an emotion that affects us all and it is normal to feel some level of anxiety at stressful times in our lives. However, anxiety can become a big issue when it starts impairing our functioning and severely affecting our mood.

Please see the 'Wellbeing' section on our school website where you will find links to places that can offer help.



WILDFLOWER SEEDS

If anyone has any wildflower seeds they don't need we would be happy for any donations so Mr Woodrow can create a wildflower area along the back playground.

Thank you.



H.S.A LOTTERY

The H.S.A school lottery is a great way to help raise valuable funds for the school to spend on the children and be in with a chance to win a weekly cash prize for yourself! The more tickets sold, the bigger the weekly prize!

There is also the opportunity to be entered into a draw for some great prizes and the chance to win £25,000!

If you haven't yet entered follow the link below.

Tickets are only £1 please go to

<https://www.yourschoollottery.co.uk/lottery/school/church-of-the-ascension-c-of-e-primary-school>



PRAISE ASSEMBLY

The following children received a certificate in Praise Assembly today:

Harrison —RY
Alfie —RH
Harry —1S
Anderson —1/2B
Sebastian —2MS
Lottie —3N
Harry —3/4J
Sophia —4C
William - 5M
Liam —5/6C
Lia —6P

Well done!

AFTER SCHOOL ACTIVITIES



The following activities will take place after school next week:-

Monday

Ace Coaching

(Pre-booked and prepaid activity)

Football Match

V Redhall (h)

Tuesday

Yrs 5 & 6 Football

Church Club

Thursday

Yrs 5 & 6 Gymnastics

Friday

Yrs 3 & 4 Gymnastics

Tennis Yrs 2,3 and 4

(Pre-booked and prepaid activity)



CHURCH CLUB

Straight after school until 4:15pm in Miss Jones' classroom on the following dates:-

Tuesday 23rd May

Tuesday 13th & 27th June

Tuesday 11th July
