



Church of the Ascension
C.E. Primary School

Friday 10th February 2023

No 20



CHOICE MENUS
WEEK 4
£2.40 per day—please book and
PAY via School Money

(V) suitable for vegetarians
(Fr) Fat Free
(GF) Gluten Free

MONDAY	Tuna Pasta Bake (V) Veggie Sausage Roll Bubble Coated Fish Served with Mashed Potato, Sweetcorn Fruit Flapjack & Custard
TUESDAY	BBQ Chicken Wrap (Halal option available) (V) Fish Finger Served with Potato Wedges, Carrots & Peas Lemon Drizzle Cake & Custard
WEDNESDAY	Traditional Roast: Chicken Seasoning & Gravy (Halal available) (V) Quorn Chicken Fillet Fish Goujons Served with Roast & Boiled Potatoes, Peas/Carrots & Green Beans Chocolate Surprise Cake & Chocolate Sauce
THURSDAY	Chicken Curry, Rice & Naan Bread (V) Crispy Quorn Nuggets Served with Saute Potatoes, Broccoli & Carrots Fruit Crumble & Custard
FRIDAY	Battered Fish Cheese & Tomato Pizza Vegan Cheese & Tomato Pizza Served with Chipped Potatoes, Baked Beans & Sweetcorn Orange Iced Sponge

Daily Items also available during lunch service—Jacket Potato with a variety of fillings, Salad, Bread, Fresh Fruit, Yoghurt, Fruit Jelly, Cheese & Biscuits
* Not suitable for vegetarians



'GRAB BAG' MENU



MONDAY
Cheese Wrap,
Ham/Tuna
Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



TUESDAY
Cheese Wrap,
Ham/Tuna
Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice

WEDNESDAY
Cheese Wrap,
Ham/Tuna Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



THURSDAY
Cheese Wrap,
Ham/Tuna
Sandwich
Salad Bag
Yoghurt or Fruit
Fruit Juice



FRIDAY
Cheese Wrap,
Ham/Tuna
Sandwich or Pizza
Salad Bag
Yoghurt or Fruit
Fruit Juice



Grab Bags must be ordered on Eduspot at least 24 hours before

MESSAGE FROM THE HEAD

As the winter weather begins to ease its grip on conditions, sport has begun to really thrive again at Church of the Ascension. Today, I am delighted to be able to report that our cross-country runners were crowned as Dudley champions in an event at Summerhill. Twenty-seven schools took part and when the scores of our boys' and girls' teams were combined, we were the front runners! Our girls' football team was also in action playing against The Glyne, Maidensbridge and Fairhaven. We managed to win one, draw one and lose one. Congratulations to all of our children who have represented the school so successfully and thank you to Mr Bradley for his commitment to ensuring that our pupils have so much access to inter school sport.

On Monday our annual Good Health Week will be taking place. The children will be participating in a whole range of activities and experiences. Please ensure that they have a track suit in school as some of these sporting activities will be held outside. If you have requested tickets to the whole school dance festival that is happening next week, your child should have brought them home today. Please contact the school office if this has not happened. Unfortunately, all available tickets have now been allocated for this event.



MENU

The menu for next week will be week 1.

GOOD HEALTH WEEK

Next week all children in Years 3-6 will need to have an outdoor PE kit in school for outdoor activities as part of Good Health Week. They will need trainers, a sweatshirt/hoodie and joggers/leggings—please don't buy anything new especially!

Children in Key Stage 1 and Reception will not need outdoor kit.

It will need to stay in school with them all week.

INDOOR P.E KIT

Can we remind parents that all children should have an indoor P.E kit with them in school at all times.

This should consist of:-

Plain white t-shirt

Black shorts

Black pumps (Velcro-type fastening ones NOT trainers)

Please ensure all items are named.

Thank you.

SCHOOL UNIFORM

We have a good stock of school uniform in now if anyone would like to place an order via Eduspot.

Thank you.



SCHOOL DISCO

Tuesday 14th February

Key Stage 1

(Reception—Year 2)

5:30-6:15pm

£3 entrance to be paid on arrival
Price includes sweets & unlimited drinks

Key Stage 2

6:30-7:30pm

£2.50 entrance to be paid on arrival
Tuck shop open for purchasing sweets

Price includes unlimited drinks

There will be a stall with goodies to buy on the evening and glitter tattoos will be available.

Please note children will need to be dropped off at reception at the start time and collected from the hall doors at the end.

Mobile phones will not be permitted at the school disco. A mobile phone drop off point will be available upon entry.



H.S.A LOTTERY

Have you got your ticket yet?

Tickets are only £1 so to be in with a chance of winning go to

<https://www.yourschoollottery.co.uk/lottery/school/church-of-the-ascension-c-of-e-primary-school>

AFTER SCHOOL ACTIVITIES



The following activities will take place after school next week:-

Monday

Ace Coaching Yrs 1,2,3 & 4
(Pre-booked and prepaid activity)

Tuesday

Yr 6 Football

On school field—football boots needed

Thursday

Yr 5 Football

On school field—football boots needed

Friday

Yrs 5 & 6 Football

On school field—football boots needed



PRAISE ASSEMBLY

The following children received a certificate in Praise Assembly today :

Rishika —RY
Marcia —RH
Evie —1S
Jude —1/2B
Frankie —2MS
Jesse —3N
Heidi —3/4J
Phoebe —4C
Esther - 5M
Ilona —5/6C
Anneliese —6P

Well done!
