



Church of the Ascension
C.E. Primary School

Friday 21st September 2018

No 3



CHOICE MENUS
WEEK 4
£2.30 per day—cheques payable to Dudley MBC please

(V) suitable for vegetarians
(FP) Fat Free
(GF) Gluten Free

MONDAY	Sausage or (V) Quorn Sausage in Onion Gravy Mediterranean Chicken Served with Carrots, Broccoli Sweet Potato Mash Fruity Flapjack & Custard Fresh Fruit Salad
TUESDAY	Cottage Pie (V) Tomato & Peas Served With Peas, Baked Beans Wedges Fruit Sponge & Custard Fresh Fruit Salad
WEDNESDAY	Roast Beef & Yorkshire Pudding (V) Pasta Bake (V) Curry, Cauli & Cabbage (FP) Roast Potatoes & Creamed Potatoes Chocolate Surprise with Chocolate Sauce Fresh Fruit Salad
THURSDAY	Love Joes Married Chicken Wrap Meat or Chicken Pie Served with Peas, Carrots Boiled Potatoes, Savoury Rice Fruity Cheesecake Fresh Fruit Salad
FRIDAY	(V) Cheese & Tomato Pizza Battered Fish/Salmon Served with Battered Peas, Sweetcorn Chopped Potatoes Fruit Crumble & Custard Fresh Fruit Salad

Daily Items also available during lunch service — Jacket Potato
with choice of fillings/Cheese and Biscuits/Salad/Fruit Yoghurt/
Fresh Fruit/Water/Variety of Bread
* Not suitable for vegetarians
Milkshakes 25p

'GRAB BAG' MENU

MONDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

TUESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

**Grab Bags
must be
ordered at
morning
registration**

WEDNESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



THURSDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



FRIDAY
Sausage Roll or
(V) Cheese & Tomato
Pizza
Salad Bag
Cake of the day
Fruit Juice



MESSAGE FROM THE HEAD

We're now well into the routine of the new term and things are progressing as expected. The school was pleased to be informed that we have been awarded the Sports Mark Gold standard for the second year running. This award acknowledges the volume and quality of sport that happens at Church of the Ascension. We worked out that over 60% of all pupils last year had represented the school in a sporting competition of some sort. Thanks to Mr Bradley for all of the hard work he has done to help us achieve this standard.

On the subject of "gold," we will be holding our first charity event next Friday. This year, the school council have decided to support four children's charities who helped one of our Y1 pupils - and her family - when she was undergoing treatment for cancer. Next week the children can come dressed in gold - or yellow - and there will be cakes to buy at the end of the school day. You should have already had a letter about this, please frisk your child if you've not seen it - or ask at the school office.

MENUS

The menu for next week is week 1.



TERM DATES 2018-2019 2018

Autumn Term

Half Term: October 29-November 2
Term Ends: Friday December 21

2019

Spring Term

Children return: Tuesday January 8
Half Term: February 18-22
Term Ends: Friday April 12

2019

Summer Term

Children return: Monday April 29
Half Term: May 27-31
Term Ends: Friday 19 July

INSET DAYS

Monday November 5
Monday January 7
Monday June 3

COATS

As we now seem to have left the summer behind can we remind all parents to ensure their child has a coat with them in school. Please also make sure it is labelled with your child's full name! Thank you.

LABELS



Could we please remind parents to label dinner money envelopes, toast money envelopes and any other correspondence sent into school with their child's full name and class and if your child is in Reception state if 'RY' or 'RB'. Thank you.

ME, MY CHILD AND BEHAVIOUR

A series of 5 workshops designed for parents / carers, which aim to:

- share ideas and experiences in a relaxed atmosphere
- increase confidence in your skills and abilities to parent
- enhance relationships between you and your child
- teach skills to help your child be more secure and help raise self esteem
- identify ways to effectively set boundaries / consequences.

1st Session on Tuesday, 5th November, starting at 9 a.m.

Each session will be free of charge, last approximately 1 hour and include tea, coffee and biscuits. Open to all parents / carers. Drop off your child and pop in.

'This is a course all parents should take, regardless of the nature of your child. I have learnt so much, many new strategies on how to help my child become more confident and build on our relationship.' If you are interested or would like more information please speak to Mrs Hodgkins or leave your name at the office.

FOR SALE



Music stand—heavy duty, durable and height adjustable. Tripod base folds away for storing/transit.

Excellent condition. Ideal for practice or performance £8.
Karina 07970 701605

AFTER SCHOOL ACTIVITIES



The following activities are taking place after school next week:

Monday

Ace Coaching
(this is a pre-booked activity)

Key Stage 2 Music Club
(finishes 4.15pm)

Tuesday

Yrs 5 & 6 Tag Rugby
(finishes 4.30pm)

Wednesday

Dance Club Yrs 5 & 6
(to be collected from Church Hall at 4.20pm)
This is a paid activity.

Thursday

Yrs 5 & 6 Tag Rugby
(finishes 4.30pm)

School Band
(finishes 4.30pm)

Friday

Yrs 5 & 6 Football
(finishes 4.30pm)

GOLD MUFTI DAY Friday 28th September

Reminder—children can wear gold or yellow items of clothing in exchange for a donation to our chosen charities. Donations of cookies and/or cakes would be gratefully received on the day for our cookie and cake sale after school.
