



Church of the Ascension  
C.E. Primary School

Friday 18th January 2019

No 17



CHOICE MENUS  
WEEK 3  
£2.30 per day—cheques payable to Dudley MBC please

(V) suitable for vegetarians  
(Ff) Fat Free

<b>MONDAY</b>	Chicken Nuggets (V) Cheese & Onion Quiche Served with Carrots, Broccoli, Baked Beans Wedges  Fruity Flapjack Chocolate Sponge Fresh Fruit Salad
<b>TUESDAY</b>	Tempura Fish Goujons Chicken Tikka Masala Served with Sweetcorn, Peas, Broccoli Sweet Potato Wedges, Boiled Rice  Fruity Sponge/Fruit Crumble Fresh Fruit Salad
<b>WEDNESDAY</b>	Roast Chicken and Seasoning (V) Pasta Bake Bacon, Egg, Ham, Mushroom, Onion, Cauliflower, Carrots, Peas Served with Baked Beans, Tagliatelle Roast Potatoes, Mashed Potatoes, Chocolate Sponge/Steamed Pudding Fresh Fruit Salad
<b>THURSDAY</b>	BBQ/Tikka Chicken Wrap BBO/Tikka Chicken Wrap (V) Egg Balls Cheese Pie Rice, Pasta Served With Carrots, Peas, Baked Beans Fruity Cheesecake/Shortbread Fresh Fruit Salad
<b>FRIDAY</b>	(V) Cheese and Tomato Pizza Beef Grill Fried Beans Served with Baked Beans, Spaghetti Chipped Potatoes Cookie/Ice Lolly/Muffins Fresh Fruit Salad

## 'GRAB BAG' MENU

**MONDAY**  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice

**TUESDAY**  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice

**Grab Bags  
must be  
ordered at  
morning  
registration**

**WEDNESDAY**  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice



**THURSDAY**  
Ham Sandwich or  
(V) Cheese Wrap  
Yoghurt or Fruit  
Fruit Juice

**FRIDAY**  
Sausage Roll or  
(V) Cheese & Tomato  
Pizza  
Salad Bag  
Cake of the day  
Fruit Juice



Daily Items also available during lunch service — Jacket Potato  
with choice of fillings/Cheese and Biscuits/Salad/Fruit Yoghurt/  
Fresh Fruit/Water/Variety of Bread  
\* Not suitable for vegetarians  
Milkshakes 25p

## MESSAGE FROM THE HEAD

As the weather has taken a turn for the colder, can I take this opportunity to remind you of the procedures that we follow if it becomes necessary to close the school in the event of poor weather. This decision will be taken at the earliest opportunity and will be made in consultation with the school's chair of governors. In the event of closure, we will send out a group text; please ensure that the school office has the correct mobile phone number for you in order to ensure that you receive the text. We will also endeavour to place a message about a closure upon the school's website. Hopefully, the snow will stay away this year and these procedures will not need to be followed!

On a different note, can I repeat the plea that I made before Christmas to ensure that your children's coats are named. After lunchtime each week we have a small pile of garments that are unnamed and unclaimed. Thank you.

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## MENUS

The menu for next week is week 3.

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## GOOD HEALTH WEEK

Can you help us have a fantastic Good Health Week?

Our Good Health Week is always a busy, enjoyable and worthwhile extravaganza where we invite visitors into school to spend time discussing all aspects of keeping healthy and safe. Each class completes tasks and activities that are different to usual weeks, and the whole school becomes even more of a hive of activity.

We are asking if you, or someone you know, might like to become involved with our week. We are looking to strengthen and forge links with the community in order to boost our knowledge of all healthy pursuits. We are especially interested in bringing in members of the emergency services to talk to the children about their jobs, and also offering taster sessions in sports that we would otherwise not get time to look at. We would also love to hear from anyone who has a career that involves promoting being healthy and staying safe in any way.

Our week runs from February 11<sup>th</sup> to 15<sup>th</sup> this year. If you could offer any help, then please pop in to the office to let us know, or alternatively, email me directly. Any help would be greatly appreciated!

Chris Bradley [cbradley@churascen.dudley.sch.uk](mailto:cbradley@churascen.dudley.sch.uk)

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## PARENT HELPERS NEEDED



Do you have spare time on your hands??

We are looking for parent helpers to come into school for two afternoons each week from about 2.30pm to listen to children in Key Stage 1 read.

If you are interested you will need to have a DBS check which can be arranged by Mrs Reynolds in the school office who is available Monday—Thursday.  
Thank you.

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## SUMMERHILL SCHOOL PRODUCTION

### SISTER ACT

6th-8th February  
Doors open 6.30pm  
Tickets £10

Purchase from the school reception or online at:  
[buytickets.at/summerhillschoolsisteract](http://buytickets.at/summerhillschoolsisteract)

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## PUNCTUALITY



We would like to remind parents that school starts at 8.50am prompt.

It is important that pupils are in class on time at the start of the day to ensure registration and lessons can continue without disruption. Any late arrivals will be recorded as such on the attendance register.

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## AFTER SCHOOL ACTIVITIES



The following activities are taking place after school next week:-

Monday  
Ace Coaching  
(This is a pre-booked activity)

Years 5 & 6 Girls  
5 a-side Football Competition

KS2 Music Club  
(finishes 4.15pm)

Tuesday  
Yrs 5 & 6 Sportshall Athletics  
(finishes 4.30pm)

Wednesday  
Dance Club Yrs 5 & 6  
(to be collected from Church Hall at 4.20pm)  
This is a paid activity.

Thursday  
School Band  
(finishes 4.30pm)

Yrs 5 & 6 Netball  
(finishes 4.30pm)

Friday  
Yrs 5 & 6 Football  
(finishes 4.30pm)

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## TOAST



Reminder— there has been a slight increase in the cost of toast:

1/2 a slice—10p  
Full slice—20p

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