



Church of the Ascension
C.E. Primary School

Friday 9th March 2018

No 23



CHOICE MENUS
WEEK 1

£2.30 per day—cheques payable to Dudley MBC please

(V) Suitable for vegetarians
(FF) Fat Free
(GF) Gluten Free

MONDAY	Sausage or (V) Quorn Sausage in Onion Gravy Mediterranean Chicken Served with Carrots, Broccoli Sweet Potato Mash Fruity Flapjack & Custard Fresh Fruit Salad
TUESDAY	Cottage Pie (V) Tomato & Basil Penne Served With Peas, Baked Beans Wedges Fruit Sponge & Custard Fresh Fruit Salad
WEDNESDAY	Roast Beef & Yorkshire Pudding Served with Cauliflower & Cabbage (FF) Roast Potatoes & Creamed Potatoes Chocolate Surprise with Chocolate Sauce Fresh Fruit Salad
THURSDAY	Love Josee Marinated Chicken Wrap Meat or (V) Quorn Lasagne Chicken Pie Served with Peas, Carrots Boiled Potatoes, Savoury Rice Fruity Cheesecake Fresh Fruit Salad
FRIDAY	(V) Cheese & Tomato Pizza Baked Fish, Pineapple Served with Baked Beans, Spaghetti, Sweetcorn Chilipped Potatoes Fruit Crumble & Custard Fresh Fruit Salad

Daily Items also available during lunch service – Jacket Potato
With choice of fillings/Cheese and Biscuits/Salad/Fruit Yoghurt/
Fresh Fruit/Water/Variety of Bread
* Not suitable for vegetarians
Milkshakes 25p

'GRAB BAG' MENU

MONDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

TUESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

Grab Bags
must be
ordered at
morning
registration

WEDNESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



THURSDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice



FRIDAY
Sausage Roll or
(V) Cheese & Tomato
Pizza
Salad Bag
Cake of the day
Fruit Juice



MESSAGE FROM THE HEAD

After the dramas of World Book Day and the snow, the school returned to a little bit of normality this week. On Wednesday we held our e-safety event for parents. At the meeting we discussed some of the issues that face our children in the digital age and also shared tips on how to help navigate the potential minefield that is the internet. Thanks to all who attended, I hope that you found the evening helpful.

The Home School Association, have held their annual Mothers' Day sale.

Following the overwhelming demand last year for their goods, it was decided to run it over two days in order to try to prevent some of the disappointments that occurred previously. A huge thank you to Mrs Perkins and her team of volunteers for helping to make this happen. Mums, I hope you get breakfast in bed on Sunday!

MENUS

The menu for next week is week 1.

HEAD LICE

Can we remind parents of the importance of doing regular weekly hygiene checks. Early detection and treatment of head lice will prevent any infestations spreading further. Thank you for your co-operation.



MOTHER'S DAY SERVICE

Church of the Ascension is holding its Mother's Day Service on Sunday 11th March at 11am and you are all warmly invited.

A group of children from school will be taking part in a presentation on the day.

BOOK FAIR

Thursday 22nd —
Tuesday 27th March



Come along to the Key Stage 2 library after school on the above dates for the book fair. There will be books for all ages and any commission earned will be used to purchase books for the school.

World Book Day vouchers can be used.

YEAR 6 ASSESSMENT & LONDON EVENING

Wednesday 14th March 6.30pm

Parents of children in Year 6 are invited to school to discuss the forthcoming SATs week arrangements and review their PGL trip.

If your child is in Year 6 they should be bringing a letter home with more information.

CHARITY WEEK

The children have enjoyed participating in their 'First to Fifty' class competitions and we would like to thank you for the donations we have received so far.

If you would still like to send in a donation could we please receive it by Friday 16th March at the latest. Thank you for your continued support.



CHURCH CLUB

At the Church of the Ascension. Come straight from school with a parent/carer (younger siblings are welcome!) until 4.15 pm on:-
Wednesday 14th and 28th March

H.S.A SCHOOL DISCO

Wednesday 21st March

Foundation & KS1 5.30-6.15pm

KS2 6.30-7.30pm

FITNESS FACTORY

Weekly fitness sessions are held in the school hall as follows:-

Monday
Aerobics 7pm
£3.00

Thursday
Zumba 7pm
£3.50

No need to book just come along!

AFTER SCHOOL ACTIVITIES



The following activities are taking place after school next week:-

Monday

Ace Coaching
(this is a pre-booked activity)

KS2 Gymnastics
(finishes 4.30pm)

Tuesday

Key Stage 2 Music Club
(finishes 4.15pm)

Tag Rugby Yrs 5 & 6
(finishes 4.30pm)

Wednesday

Dance Club Yrs 5 & 6
(to be collected from Church Hall at 4.20pm)
This is a paid activity.

Thursday

School Band
(finishes 4.30pm)

KS2 Gymnastics
(finishes 4.30pm)

Friday

Football Yrs 5 & 6
(finishes 4.30pm)
