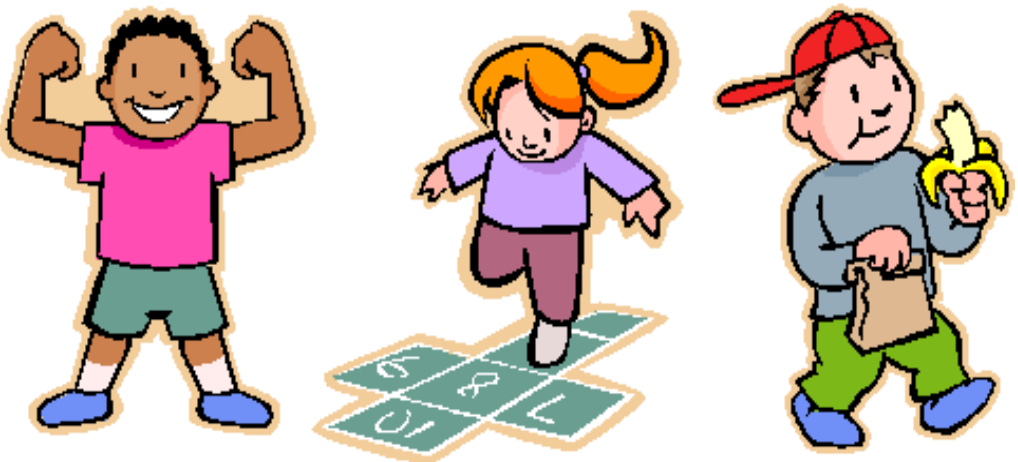




Church of the Ascension
C.E. Primary School

Friday 7th February 2020

No 20



GOOD HEALTH WEEK
10TH-14TH FEBRUARY

CHOICE MENUS
WEEK 3
£2.40 per day—please book and pay via School Money

(V) suitable for vegetarians
(FF) Fat Free

MONDAY	Chicken Katsu Curry Fish of the Day (V) Quorn Katsu Curry Served with Peas, Carrots Boiled Rice, Diced Potato Eton Mess Fresh Fruit Salad
TUESDAY	All Day Breakfast / (V) Veggie Breakfast (V) Veggie Balls in Tomato Wrap Served with Baked Beans Hash Browns Chocolate Sponge with Beetroot & Chocolate Sauce Fresh Fruit Salad
WEDNESDAY	Roast Beef & Yorkshire Pudding Fish of the Day (V) Cheese Savoury Served with Peas, Broccoli, Fresh Vegetables Roast & Boiled Potatoes Apple & Blackcurrant Cumble & Custard Fresh Fruit Salad
THURSDAY	Chicken Wrap (V) Quorn Sausage Cowboy Hotpot Fish of the Day Served With Spinach, Rainbow Slaw Wedges Sticky Toffee Pudding & Custard Fresh Fruit Salad
FRIDAY	BOX MEAL

Daily Items also available during lunch service — Jacket Potato
with choice of fillings/Cheese and Biscuits/Salad/Fruit Yoghurt/
Fresh Fruit/Water/Variety of Bread
* Not suitable for vegetarians

'GRAB BAG' MENU

MONDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

TUESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

**Grab Bags
must be
ordered at
morning
registration**

WEDNESDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

THURSDAY
Ham Sandwich or
(V) Cheese Wrap
Salad Bag
Yoghurt or Fruit
Fruit Juice

FRIDAY
Sausage Roll or
(V) Cheese & Tomato
Pizza
Salad Bag
Cake of the day
Fruit Juice



MESSAGE FROM THE HEAD

As we get close to Good Health Week - next week- things seem to have stepped up a gear. On Monday our Year Five and Year Six children enjoyed a visit from the "Loan Shark Production Company." They explored the concept of money and responsible handling of finances in a fun way based upon a game show format. Alas, there were no cash prizes!

In addition to two parents' evenings, the girls' football team visited West Bromwich Albion to take part in a football tournament and did well to get all the way to the final. Our Year Five pupils enjoyed a trip to Summerhill School to watch the dress rehearsal of Little Shop of Horrors. Finally, our Year Six children visited the Council House in Dudley to participate in the Dudley debates within the council chamber.

MENUS

The menu for next week is week 3.



DINNER MONEY

Can we please remind parents of children in Key Stage 2 that if your child is staying for a school dinner, this must be paid for via School Money in advance.



H.S.A. SCHOOL DISCO

Wednesday 12th February

Foundation & Key Stage 1
5.30—6.15pm
Entrance Fee £3.00 to include
sweets & unlimited drinks

Key Stage 2
6.30-7.30pm
Entrance Fee £2.50 includes
unlimited drinks
Tuck shop will be open to KS2 to
purchase sweets

Back by popular demand
GLITTER TATTOOS & GLOWSTICKS
Charged at 50p to £1.00

Hope to see you all there.....

CHURCH CLUB

Games, Bible stories,
craft and drama for all
ages.



After school until 4.15pm in the
Reception library/spare classroom
on alternate Tuesdays:

11 February
3,17 and 31 March

Permission slips are available from
school to complete if your
child(ren) would like to attend
without you.

OSCAR CLUB

We are hoping to run a holiday club
in the Easter holiday for 8 days. If
you are interested please let Jacqui
Davies (OSCAR Manager) know or
phone 07398 083418.



DANCE FESTIVAL

As you are aware we are
having a 'Dance Festival' on Friday
14th February as part of our Good
Health Week.
The afternoon performance finishes
at 2.15pm and on this occasion
parents will not be invited to take
their children home afterwards.

It will be a normal school day and
our usual Praise Assembly for the
children will be taking place on
Friday afternoon.

GOOD HEALTH WEEK

Just a reminder—all children will
need an outdoor games kit
(trainers, joggers, hoody) in school
next week to take part in the
activities that are run in Good
Health Week.
(Don't forget to name them!!)
Thank you for your support.

BIKEABILITY/CYCLE SKILLS

Children in Years 3 & 5 don't forget
to bring in your bike and helmet on
your allotted days!

AFTER SCHOOL ACTIVITIES



The following activities are
taking place after school next week:

Monday

Ace Coaching
(this is a pre-booked activity)

Yrs 5 & 6 Tag Rugby
(finishes 4.30pm)

Tuesday

Taekwon-Do
(this is a pre-booked activity)

Church Club

Wednesday

Dance Club Yrs 5 & 6
This is a paid activity.

**Please note: Dance Club will be
held at school this week-please
collect from School Reception at
4.20pm*

Yrs 5 & 6 Netball
(finishes 4.30pm)

Thursday

Netball Match
V Glynne Primary (a)

School Band
(finishes 4.30pm)

Friday

Yrs 5 & 6 Football
(finishes 4.30pm)
