



Church of the Ascension  
C.E. Primary School

Friday 5th October 2018

No 5



CHOICE MENUS  
WEEK 3  
£2.30 per day—cheques payable to Dudley MBC please

(V) suitable for vegetarians  
(FF) Fat Free

<u>MONDAY</u>	Chicken Nuggets (V) Cheese & Onion Quiche Served with Carrots, Broccoli, Baked Beans Wedges Fruity Flapjack Chocolate Sponge Fresh Fruit Salad
<u>TUESDAY</u>	Tempura Fish goujons Chicken Tikka Curry or (V) Quorn Curry Served with Sweetcorn, Peas, Broccoli Sweet Potato Wedges, Boiled Rice Fruity Sponge/Fruit Crumble Fresh Fruit Salad
<u>WEDNESDAY</u>	Roast Chicken and Seasoning (V) Pasta Bake Bacon Tagliatelle Carbonara Served with Peas, Cauliflower, Cabbage Roast Potatoes, Mashed Potatoes, Tagliatelle Chocolate Sponge/Steamed Pudding Fresh Fruit Salad
<u>THURSDAY</u>	BBO/Tikka Chicken Wrap (V) Veggie Balls Cheese Pie Served With Carrots, Peas, Baked Beans Rice, Pasta Fruity Cheesecake/Shortbread Fresh Fruit Salad
<u>FRIDAY</u>	(V) Cheese and Tomato Pizza Beef Grill Fish Fingers Served with Baked Beans, Spaghetti Chipped Potatoes Cookie/Ice Lolly/Muffins Fresh Fruit Salad

# 'GRAB BAG' MENU

MONDAY  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice

TUESDAY  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice

**Grab Bags  
must be  
ordered at  
morning  
registration**

WEDNESDAY  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice



THURSDAY  
Ham Sandwich or  
(V) Cheese Wrap  
Salad Bag  
Yoghurt or Fruit  
Fruit Juice



FRIDAY  
Sausage Roll or  
(V) Cheese & Tomato  
Pizza  
Salad Bag  
Cake of the day  
Fruit Juice



Daily Items also available during lunch service — Jacket Potato  
with choice of fillings/Cheese and Biscuits/Salad/Fruit Yoghurt/  
Fresh Fruit/Water/Variety of Bread  
\* Not suitable for vegetarians  
Milkshakes 25p

## MESSAGE FROM THE HEAD

A huge thank you to everyone who supported our charity event last week. I have had some grief from my West Brom supporting Chair of Governors about turning the school gold, but all in good nature! When the proceeds from the non-uniform day were added to the cake sale, we took a little over £1,000 for the childhood cancer charities. Well done everyone!

This week we held our annual welcome service for our new Reception class pupils. The children and their parents went over to church and we sang some lovely songs. It's hard to believe that these children have only been with us for a month. Thanks especially to the children in Y5 and Y6 who came over to play their parts in welcoming our newest pupils into our school family.

Finally, a reminder that next Wednesday sees our Harvest Festivals (KS1 at 9:30 and KS2 at 2:00) and that it is Parents' Evening on Thursday. The staff will be arranging appointment times on Monday morning, so please frisk your child for the relevant information!

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## MENUS

The menu for next week is week 3.

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## HARVEST FESTIVAL WEDNESDAY 10TH OCTOBER

9.30am Reception and  
Key Stage 1 (Years 1 & 2)

2.00pm Key Stage 2  
(Years 3,4,5 & 6)

We will be supporting the Black Country Foodbank again this year so please send any donation of goods into school on Tuesday 9th October.

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## ALAM INTERNATIONAL CHARITY EVENING

In aid of Church of the Ascension  
Primary School

Raise The Roof Appeal  
Tuesday 23rd October  
6.30pm until 9.00pm

Limited Tickets available—sold in  
groups of 4 to a table  
Admission by ticket only - £5 each  
Any main meal from main menu  
(excludes King Prawn)  
Includes Poppadum/Chutney, Rice  
or Naan  
Please enquire at the school office.

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## UNIFORM

We now have a stock of uniform  
available to purchase.  
If you require any items, please  
complete an order form and send  
into school with payment.  
The order will be sent back with  
your child.

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## ME, MY CHILD AND BEHAVIOUR

A series of 5 workshops designed  
for parents / carers, which aim to:

- share ideas and experiences in a relaxed atmosphere
- increase confidence in your skills and abilities to parent
- enhance relationships between you and your child
- teach skills to help your child be more secure and help raise self esteem
- identify ways to effectively set boundaries / consequences.

1st Session on Tuesday, 6<sup>th</sup>  
November, starting at 9 a.m.

Each session will be free of charge,  
last approximately 1 hour and  
include tea, coffee and biscuits.  
Open to all parents / carers. Drop off  
your child and pop in.

'This is a course all parents should  
take, regardless of the nature of  
your child. I have learnt so much,  
many new strategies on how to help  
my child become more confident  
and build on our relationship.'  
(A parent from our school who took  
this course last year.)

If you are interested or would like  
more information please speak to  
Mrs Hodgkins or leave your name at  
the office.

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## AFTER SCHOOL ACTIVITIES



The following activities are taking  
place after school next week:

### Monday

Ace Coaching  
(this is a pre-booked activity)

Key Stage 2 Music Club  
(finishes 4.15pm)

### Tuesday

Yrs 5 & 6 Tag Rugby  
(finishes 4.30pm)

### Wednesday

Dance Club Yrs 5 & 6  
(to be collected from Church Hall at  
4.20pm)  
This is a paid activity.

### Friday

Yrs 5 & 6 Football  
(finishes 4.30pm)

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## PARENTS' EVENING

Our Autumn Parents' Evenings will  
be held on Thursday 11th October  
3.30-7.30pm

If you have requested an  
appointment your child should be  
bringing home a slip with your  
appointment time on next week.  
There will be no work on display on  
this occasion.

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